

Nikki Delaney, MA, LPCC, CRS, NCC nikki@anewyoucounseling.com anewyoucounseling.com 505.804.1451

Consent to Treatment

I acknowledge that I have received, have read (or have had read to me), and understand the "Policies and Procedures" packet and/or other information about the therapy I am considering. I have had all my questions answered fully.

I do hereby seek and consent to take part in the treatment by the therapist named above. I understand that developing a treatment plan with this therapist and regularly reviewing our work toward meeting the treatment goals are in my best interest. I agree to play an active role in this process.

I understand that no promises have been made to me as to the results of treatment or of any procedures provided by this therapist.

I am aware that I may stop my treatment with this therapist at any time. The only thing I will still be responsible for is paying for the services I have already received. I understand that I may lose other services or may have to deal with other problems if I stop treatment. (For example, if my treatment has been court-ordered, I will have to answer to the court.)

I know that I must call to cancel an appointment at least 24 hours before the time of the appointment. If I do not cancel and do not show up, I will be charged for that appointment.

I am aware that an agent of my insurance company or other third-party payer may be given information about the type(s), cost(s), date(s), and providers of any services or treatments I receive. I understand that if payment for the ser vices I receive here is not made, the therapist may stop my treatment.

Signature of client (or person acting for client)

Printed name

My signature below shows that I understand and agree with all of these statements.

Signature of client (or person acting for client)

Printed name

Date Relationship to client (if necessary)



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I, the therapist, have discussed the issues above with the client (and/or his or her parent, guardian, or other representative). My observations of this person's behavior and responses give me no reason to believe that this person is not fully competent to give informed and willing consent.	
Signature of therapist	 Date
☐ Copy accepted by client	☐ Copy kept by therapist
This is a strictly confidential patient medical reprohibited by law.	ecord. Redisclosure or transfer is expressly